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SIGNS YOUR MENTAL HEALTH PARITY RIGHTS MIGHT BE VIOLATED



The Georgia Mental Health Parity Act (HB 1013), signed on April 4, 2022, requires mental health and substance use disorders to be treated and covered the same as physical health conditions.

1

HIGHER BILLS

You're charged more to see a mental health provider than your regular doctor.

"My co-pay for mental health or substance use services is higher than it is for other health services."

2

VISIT LIMITS

You can only see a therapist or counselor a set number of times, even though there's no cap on visits for physical health care.

"I have limits on how many days I can stay in a treatment facility."

3

MEDICATION COSTS

Prescriptions for mental health are more expensive than those for physical health.

"I'm being charged more for prescription medication for mental health or substance use treatment than I am for prescription medication for other treatments."

4

EXTRA APPROVAL NEEDED

Your insurance requires special permission to keep getting mental health treatment, but not for physical care.

"My insurance plan often makes me get their permission to continue mental health or substance use treatment."

5

CHEAPER OPTION FIRST

You're forced to try lower-cost treatment before insurance covers the one your provider actually recommends.

"My doctor says I need a certain mental health or substance use treatment, but the insurer says I need to try a less expensive treatment first."

6

SEPARATE DEDUCTIBLES

Your plan makes you meet a different deductible just for mental health services.

"I have a separate deductible for mental health or substance use services that is not part of my overall deductible."